

CLASS SCHEDULE



TUE	0730 AM	CLUBS & BELLS CIRCUIT	JARRATT
	0700 PM	BEGINNERS' BARBELL	DAPHNE
WED	0730 AM	BODYWEIGHT BASICS	PEN
	0700 PM	CLUBS & BELLS CIRCUIT	PEN
THU	0730 AM	HATHA-VINYASA YOGA	JARRATT
	1215 PM	MIDDAY MAYHEM	PEN
	0700 PM	BARBELL STRENGTH	DAPHNE
	0815 PM	YIN YOGA	TRICIA
FRI	0730 AM	CLUBS & BELLS CIRCUIT	JARRATT
	0700 PM	BODYWEIGHT BASICS	AZIMAH
SAT	0900 AM	YIN YOGA	JARRATT
	1015 AM	CLUBS & BELLS CIRCUIT	JARRATT
	1130 AM	BARBELL STRENGTH	DAPHNE
	1245 PM	BEGINNERS' BARBELL	DAPHNE
SUN	0800 AM	HATHA-VINYASA YOGA	JARRATT
	0915 AM	BODYWEIGHT BASICS	JARRATT